

## Friends of Messalonskee Watershed Program classes with Mid-Maine Adult Education

### HELP! Save MAINE Lakes

If you live in or visit Maine you have probably already heard that one of the biggest threats to keeping our state's water bodies clean and clear is the invasive species Variable Leaf Milfoil. The Friends of Messalonskee Watershed have been hard at work for many years keeping the lake, that is in the towns of Belgrade, Oakland, & Sidney, clean and clear for all to enjoy. This summer their expert on milfoil removal is offering three 3-hour workshops on how to properly hand pull and dispose of it. You too can make a difference! Join her on one of the dates below, and check out the Friends web page at [www.friendsofmessalonskee.com](http://www.friendsofmessalonskee.com). We will send a Short Supply list and Release Form coming in May. Rain date will be determined. Must be at least 17. Limit 10 students.

Saturday, 9:00 a.m.—Noon, June 22, 2024 (1 session)

Saturday, 9:00 a.m.—Noon, July 13, 2024 (1 session)

Saturday, 9:00 a.m.—Noon, August 10, 2024 (1 session)

Sponsored by the Adult Ed office at Messalonskee High School and Friends of Messalonskee Watershed.

Meet at Sidney Boat Launch, 451 Hosta Lane, Sidney, ME

Self-Supporting Fee: No charge, Danielle Boutin, Friends of Messalonskee, Milfoil Program Coordinator

### Explore Messalonskee Lake and its Ecology by Kayak – July 22, 2024 Plant Paddle

Messalonskee Lake and Steam are wonderful natural resources of the mid-Maine region and offer numerous recreational and conservation activities. If you have always wanted to learn to kayak and explore the lake's ecology, this class will offer a free kayak lesson and will provide all equipment needed. Identification of flora and fauna in the lake and stream will be taught followed by a kayak paddle near shore to find various specimens. Prerequisite: know the basics of how to swim, but we will be staying close to shore. Please wear water shoes; a bathing suit or shorts, sunglasses or polarized glasses, sunscreen, and hat are also helpful and appropriate. Do be prepared with extra clothes just in case you get wet. Must be 17 to register. If needed, a Rain Date will be announced. Limit 8 students.

Monday, 10:00 a.m.—Noon, July 22 (1 session)

Sponsored by the Adult Ed office at Messalonskee High School and Friends of Messalonskee Watershed

Meet at the State of Maine Boat Launch on Rt 27 across from Loon Ridge Cottages and near Hammond Lumber in Belgrade, ME.

Self-Supporting Fee: \$6, Mike Guarino, Maine Wilderness Tours, Instructor and Friends of Messalonskee Member.

### Explore Messalonskee Lake and its Ecology by Kayak – August 2024 Plant Paddle

Messalonskee Lake and Steam are wonderful natural resources of the mid-Maine region and offer numerous recreational and conservation activities. If you have always wanted to learn to kayak and explore the lake's ecology, this class will offer a free kayak lesson and will provide all equipment needed. Identification of flora and fauna in the lake and stream will be taught followed by a kayak paddle near shore to find various specimens. Prerequisite: know the basics of how to swim, but we will be staying close to shore. Please wear water shoes; a bathing suit or shorts, sunglasses or polarized glasses, sunscreen, and hat are also helpful and appropriate. And do be prepared with extra clothes just in case you get wet. Must be 17 to register. If needed, a Rain Date will be announced. Limit 8 students.

Monday, 10:00 a.m.—Noon, August 12 (1 session)

Sponsored by the Adult Ed office at Messalonskee High School and Friends of Messalonskee Watershed.

Meet at the State of Maine Boat Launch on Rt 27 across Loon Ridge Cottages and near Hammond Lumber in Belgrade, ME.

Self-Supporting Fee: \$6, Mike Guarino, Maine Wilderness Tours, Instructor and Friends of Messalonskee Member

For more information go to <https://midmaine.coursestorm.com/category/friends-of-messalonskee-watershed>